



WINTON PREPARATORY BRC - Breakfast K-12

Monday	Tuesday	Wednesday	Thursday	Friday
December 31, 2018	January 1, 2019	January 2, 2019	January 3, 2019	January 4, 2019
	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
January 7, 2019	January 8, 2019	January 9, 2019	January 10, 2019	January 11, 2019
MULTI GRAIN CHEERIOS [^] Maple Breakfast Square [^] Craisins Orange Juice Choice of Milk	ENGLISH MUFFIN [^] Diced Peaches Grape Juice Assorted Jelly Choice of Milk	COCOA PUFFS [^] Animal Grahams [^] Diced Pears Apple-Cranberry Juice Choice of Milk	MOZZARELLA CHEESE STICK Banana Muffin [^] Pineapple Tidbits Blended Fruit Juice Choice of Milk	RICE CHEX [^] Cherry Breakfast Bar [^] Applesauce Cup Orange Juice Choice of Milk
January 14, 2019	January 15, 2019	January 16, 2019	January 17, 2019	January 18, 2019
NO SCHOOL	RASPBERRY YOGURT Granola [^] Craisins Blended Fruit Juice Choice of Milk	MOZZARELLA CHEESE STICK Lemon Mini Loaf [^] Fresh Fruit Choice of Milk	PEACH LOAF [^] Fresh Fruit Grape Juice Choice of Milk	CINNAMON TOAST CRUNCH [^] Strawberry Pancake Square [^] Fresh Fruit Choice of Milk
January 21, 2019	January 22, 2019	January 23, 2019	January 24, 2019	January 25, 2019
MARTIN LUTHER KING JR.	GOLDEN GRAHAM CEREAL [^] Vanilla Waffle Square [^] Craisins Orange Juice Choice of Milk	PUMPKIN LOAF [^] Mozzarella Cheese Stick Fresh Fruit Choice of Milk	ENGLISH MUFFIN [^] Craisins Fresh Fruit Assorted Jelly Choice of Milk	VANILLA YOGURT Blueberry Muffin [^] Fresh Fruit Choice of Milk
January 28, 2019	January 29, 2019	January 30, 2019	January 31, 2019	February 1, 2019
MOZZARELLA CHEESE STICK Corn Muffin [^] Diced Pears Craisins	COCOA PUFFS [^] Cherry Breakfast Bar [^] Pineapple Tidbits Orange Juice Choice of Milk	FRUITY CHEERIOS [^] Animal Grahams [^] Fresh Fruit Choice of Milk	STRAWBERRY YOGURT Granola [^] Fresh Fruit Grape Juice Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

[^] Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

