

JANUARY

WINTON PREPARATORY L2 - Lunch K-8

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| December 31, 2018 | January 1, 2019 | January 2, 2019 | January 3, 2019 | January 4, 2019 |
| | HOLIDAY BREAK | HOLIDAY BREAK | HOLIDAY BREAK | HOLIDAY BREAK |
| January 7, 2019 | January 8, 2019 | January 9, 2019 | January 10, 2019 | January 11, 2019 |
| PANCAKES & SAUSAGE ^ Syrup Potato Rounds CHICKEN TENDERS WITH POTATO WEDGES ^ BBQ Sauce SunSet Sip Juice Applesauce Cup Ketchup Choice of Milk | CHEESE PIZZA ^ HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Mustard Ketchup Green Beans Diced Pears Choice of Milk | MINI CORN DOGS ^ CHARBROILED HAMBURGER Hamburger Bun ^ Maple Baked Beans Pickle Chips Orange Juice Mustard Ketchup Choice of Milk | CHICKEN NUGGETS ^ PIZZA DIPPERS ^ Marinara Dipping Sauce Broccoli Mixed Fruit Cup Chocolate Cookie ^ Choice of Milk | SALISBURY STEAK W/GRAVY & MASHED POTATOES Wheat Bread (2 Slices) CRISPY CHICKEN PATTY ^ Hamburger Bun ^ BBQ Sauce Mixed Vegetables Grape Juice Choice of Milk |
| January 14, 2019 | January 15, 2019 | January 16, 2019 | January 17, 2019 | January 18, 2019 |
| NO SCHOOL | PEPPERONI PIZZA ^ CHICKEN TENDERS WITH POTATO WEDGES ^ BBQ Sauce Ketchup Green Beans Apple-Cranberry Juice Choice of Milk | SPECIAL MEAL CHICKEN DRUMSTICK W POTATO ROUNDS Corn Muffin ^ BBQ Sauce CHARBROILED HAMBURGER Hamburger Bun ^ Mustard Pickle Chips Fiesta Beans Blended Fruit Juice Ketchup Choice of Milk | MAC & CHEESE ^ PIZZA DIPPERS ^ Marinara Dipping Sauce Romaine Lettuce Cucumber Coins Light Ranch Dressing Fresh Fruit Choice of Milk | SLOPPY JOE CRISPY CHICKEN PATTY ^ BBQ Sauce SunSet Sip Juice Hamburger Bun ^ Mixed Vegetables Fresh Fruit Choice of Milk |
| January 21, 2019 | January 22, 2019 | January 23, 2019 | January 24, 2019 | January 25, 2019 |
| MARTIN LUTHER KING JR. | SunSet Sip Juice CHICKEN TENDERS WITH POTATO WEDGES ^ BBQ Sauce Maple Baked Beans Applesauce Cup Ketchup Choice of Milk MEATLOAF PANINI ^ | POPCORN CHICKEN ^ BBQ Sauce CHARBROILED HAMBURGER Hamburger Bun ^ Mustard French Fries Baby Carrots Light Ranch Dressing Fresh Fruit Ketchup Choice of Milk | CHICKEN RANCH FLATBREAD ^ PIZZA DIPPERS ^ Marinara Dipping Sauce Tropical Veggie Juice Diced Peaches Choice of Milk | MINI CHEESE RAVIOLI WITH SAUCE ^ CRISPY CHICKEN PATTY ^ Hamburger Bun ^ BBQ Sauce Pickle Chips Romaine Lettuce Light Ranch Dressing Fresh Fruit Choice of Milk |
| January 28, 2019 | January 29, 2019 | January 30, 2019 | January 31, 2019 | February 1, 2019 |
| CORN DOG ON A STICK^ Mustard CHICKEN TENDERS WITH POTATO WEDGES ^ BBQ Sauce Corn Grape Juice Ketchup Choice of Milk | TOASTY TUESDAY** GRILLED CHEESE SANDWICH ^ Tomato Soup^ HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Mustard Ketchup (2) SunSet Sip Juice Mixed Fruit Cup Choice of Milk | BBQ CHICKEN CHARBROILED HAMBURGER Mustard Ketchup Baby Carrots Light Ranch Dressing Hamburger Bun ^ Maple Baked Beans Fresh Fruit Choice of Milk | CHILI Corn Muffin ^ PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Vegetables Fresh Fruit Choice of Milk | |

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.